

## money money money

Free, expert money coaching

Managing your money doesn't have to be a pain. Learn the skills to make it simple with our money coaching course.

### Join our next course for free:

- Wednesdays, 10am to 12noon
- 23rd Oct, 30th Oct, 6th Nov, 13th Nov
- Dereham Library

sign up: 07901199319 catherineweatherill@capuk.org

capuk.org/trymoneycoaching



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Money coaching is a free service designed to empower you with the knowledge, skills, tools and confidence to better manage your finances. Anyone can benefit – from seasoned budgeting experts to those struggling to get to grips with their spending.

- Learn how to build and balance a household budget
- Learn how to structure your finances using a system proven to work
- Find ways to save more and get the most out of your spare cash
- Learn how to use credit wisely and navigate unmanageable debt
- Explore the difference between essential and optional expenses and find ways to realistically cut costs

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